SHERI SPIRT, M.D.

PSYCHIATRY

16 East 96th Street Unit 1A

NEW YORK, N.Y. 10128

(212) 595-6901

[SSDR18@AOL.COM](mailto:SSDR18@AOL.COM)

WWW.SHERISPIRTMD.COM

**SEROTONIN SYNDROME**

**WHAT IS IT?**

**O**ccurs when there is too much serotonin in body, usually by combining several serotonergic drugs.

**Symptoms**

* Confusion
* Restlessness
* Dilated pupils
* HTN. Hyperthermia, fever, shivering, sweating
* Nausea/vomiting, diarrhea
* Rapid heart rate
* Tremor
* Myoclonus. Twitching muscles, loss of motor coordination
* **S**eizures
* **Loss of consciousness.**

The condition is more likely to occur when you first start a medication or increase the dose.

Drugs to be aware of in combinations: Prozac, Paxil, Lexapro, Celexa, Effexor xr, cymbalta, Pristiq, fatzima, maois- , Buspar Trazodone, migraine medications (axert, amerge, immitrex, maxalt, zomig), pain meds like actiq, fentora, fentanyl, Demerol, Talwin, Ultram ( Tramadol), dextromethorphan in cough suppressant, nausea meds like Kytril, Reglan (metoclopramide), Zofran ,illegal drugs like LSD, cocaine, Marijuana, and dietary supplements like St. John’s wort, and ginseng.

This is a medical emergency. If you experience any of the symptoms go to your local emergency room to be evaluated.